



HM Government

NHS

Coronavirus

Arriving in the UK from abroad?

- Check the latest traveller advice at [gov.uk/coronavirus](https://www.gov.uk/coronavirus)
- Feeling unwell? Search **111 online coronavirus service** now. Use the online symptom checker and follow the specialist healthcare advice.
- Wash your hands more often and for 20 seconds. Use soap and water or a hand sanitiser.



CORONAVIRUS

**PROTECT
YOURSELF
& OTHERS**