
















# Information about Allergens!

Key: ✓ = Contains

|                         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---|--|---|---|---|---|---|---|---|---|---|---|---|---|
|                         | Wheat   | Oats  | Crustaceans  | Molluscs  | Eggs  | Fish  | Soya  | Milk  | Celery & Celeriac   | Mustard   | Sesame  | Lupin   | Sulphur Dioxide & Sulphites   | Peanuts   | Nuts  |
| Starters                | Melon and pineapple bowl  |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Chickpea and hummus salad   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Black pudding and chorizo croquette   | ✓   |  |   |   |   |   | ✓   |   | ✓   |   |   | ✓   |   |   |
| Main courses            | Fish and chips - fillet of haddock in batter                                      | ✓   |  |   |   | ✓   | ✓   | ✓   |   |   |   |   |   |   |   |
|                         | Chicken in pepper sauce   | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Chicken in pepper sauce (without the pasta)                                       |   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Pork parmesan   | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Chicken katsu curry   | ✓   |  |   |   |   | ✓   |   | ✓   |   |   |   |   |   |   |
|                         | Beef pie  | ✓   |  |   |   |   |   |   | ✓   |   |   |   |   |   |   |
|                         | Beef pie (without the pie lid)  | ✓   |  |   |   |   |   |   | ✓   |   |   |   |   |   |   |
|                         | Macaroni made with smoked cheese  | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Baked potatoes  | Mashed potatoes   |  |   |   |   |   |   | ✓   |   |   |   |   |   |   |
| Baked jacket potato     |   |   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
| Chicken in pepper sauce |   |   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
| Tuna                    |   |   |  |   | ✓   | ✓   |   |   |   |   |   |   |   |   |   |
| Cheese                  |   |   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
| Coleslaw                |   |   |  |   | ✓   |   |   |   |   |   |   |   |   |   |   |
| Baked beans             |   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
| From the grill          | Beef burger, brioche bun, chips and salad   | ✓   |  |   |   |   |   | ✓   |   |   | ✓   |   |   |   |   |
|                         | Beef burger, cheese / bacon, brioche bun, chips, salad                            | ✓   |  |   |   |   |   | ✓   |   | ✓   |   |   |   |   |   |
|                         | Haddock burger  | ✓   |  |   |   | ✓   |   | ✓   |   |   |   |   |   |   |   |
|                         | Southern fried chicken burger, brioche bun, chips, salad                          | ✓   |  |   |   |   |   | ✓   | ✓   |   |   |   |   |   |   |
|                         | Crispy vegetable burger, brioche bun, chips and salad                             | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
| Children's menu         | Fresh fish goujons  | ✓   |  |   |   | ✓   | ✓   | ✓   |   |   |   |   |   |   |   |
|                         | Macaroni made with smoked cheese  | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Battered chicken goujons  | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Local pork sausages   | ✓   |  |   |   |   | ✓   |   |   |   |   |   |   |   |   |
|                         | Walls Calippo   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
| Desserts                | Orkney ice cream  |   |  |   | ✓   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Whisky trifle   | ✓   |  |   | ✓   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Chocolate and vanilla brownie   | ✓   |  |   | ✓   |   |   | ✓   |   |   |   |   |   |   |   |
| Paninis                 | Chicken caesar panini   | ✓   |  |   | ✓   | ✓   |   | ✓   |   | ✓   |   |   |   |   |   |
|                         | Four cheese, tomato and basil panini  | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | All day breakfast panini  | ✓   |  |   | ✓   |   | ✓   |   |   |   |   |   | ✓   |   |   |
| Breakfast               | Sausage   | ✓   |  |   |   |   | ✓   |   |   |   |   |   | ✓   |   |   |
|                         | Quorn sausages  | ✓   |  |   |   |   |   |   |   |   |   |   | ✓   |   |   |
|                         | Bacon   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Fried egg   |   |  |   |   | ✓   |   |   |   |   |   |   |   |   |   |
|                         | Scrambled egg   |   |  |   |   | ✓   |   | ✓   |   |   |   |   |   |   |   |
|                         | Black pudding   | ✓   |  |   |   |   | ✓   |   |   |   |   |   |   |   |   |
|                         | Potato scones   | ✓   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Mushrooms   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Porridge  |   | ✓  |   |   |   |   |   | ✓   |   |   |   |   |   |   |
|                         | Granola   |   |  |   |   |   |   | ✓   | ✓   |   |   |   |   | ✓   | ✓   |
|                         | Baked beans   |   |  |   |   |   |   |   |   |   |   |   |   |   |   |
|                         | Toast and butter  | ✓   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Boiled eggs   |   |  |   |   | ✓   |   |   |   |   |   |   |   |   |   |
|                         | Cheese  |   |  |   |   |   |   | ✓   |   |   |   |   | ✓   |   |   |
|                         | Garlic sausage  |   |  |   |   |   |   |   | ✓   |   |   |   |   |   |   |
|                         | Salami  |   |  |   |   |   |   |   |   | ✓   |   |   |   |   |   |
|                         | Cooked ham  |   |  |   |   |   |   | ✓   |   |   |   |   |   |   |   |
|                         | Croissant   | ✓   |  |   |   | ✓   |   | ✓   |   |   |   |   |   |   |   |
|                         | Danish pastry   | ✓   |  |   |   | ✓   | ✓   | ✓   |   |   |   |   | ✓   |   |   |
|                         | Dried fruit   |   |  |   |   |   |   |   |   |   |   |   | ✓   |   |   |
| Morning rolls           | ✓   |   |  |   |   |   | ✓   |   |   |   |   |   |   |   |   |

**Food allergies or intolerances?** Our staff are trained and ready to inform you on the ingredients contained in our food and drinks offer.

Our food and beverages are produced in an environment where all 14 declarable allergens are handled, and as such, unintended cross contact of allergens cannot be entirely prevented. We therefore **cannot guarantee any item is allergen free**. Please speak to a member of staff if you have food allergies or intolerances before you order.