Information about Allergens!

Evening Menu

Key: ✓ = Contains
X = May be present

		Wheat	Oats	Crusta-ceans	Molluscs	Eggs	Fish	Soya	Milk	Celery & Celeriac	Mustard	Sesame	Lupin	Sulphur Dioxide & Sulphites	Peanuts	Nuts
Starters	Melon and pineapple bowl															
	Halloumi fries	✓				✓					✓					
Main Courses	Fish and chips - fillet of haddock in batter	✓				✓	✓	✓	✓							
	Chicken katsu curry	✓						✓		✓						
	Beef pie	✓				✓				✓						
	Beef pie (without the pie lid)					✓				✓						
	Macaroni made with smoked cheese	✓							✓							
	Mashed potatoes								✓							
Baked Potatoes	Baked jacket potato															
	Tuna					✓	✓									
	Cheese								✓							
	Coleslaw					✓										
	Baked beans															
From the Grill	Beef burger, brioche bun, chips and salad	✓				✓			✓		✓					
	Beef burger, cheese / bacon, brioche bun, chips, salad	✓				✓			✓		✓					
	Southern fried chicken burger, brioche bun, chips, salad	✓				✓		✓	✓	✓						
	Haddock burger	✓				✓	✓		✓							
	Vegetable burger, brioche bun, chips and salad	✓				✓		✓	✓							
Sides	Macaroni cheese	✓							✓							
	Katsu curry sauce														X	X
Kids Menu	Fresh fish goujons	✓				✓	✓	✓	✓							
	Macaroni made with smoked cheese	✓							✓							
	Battered chicken goujons	✓														
	Local pork sausages	✓						✓						✓		
	Walls Calippo															
Desserts	Orkney ice cream					✓			✓							
	Orkney Fudge cheesecake	✓							✓							
	Chocolate and orange crunch	✓						✓	✓							
Paninis	Chicken caesar panini	✓				✓	✓		✓		✓					
	Four cheese, tomato and basil panini	✓							✓							
	Ham and cheese panini	✓							✓					✓		

Food allergies or intolerances? *Our staff are trained and ready to inform you on the ingredients contained in our food and drinks offer.*

Our food and beverages are produced in an environment where all 14 declarable allergens are handled, and as such, unintended cross contact of allergens cannot be entirely prevented. We therefore ***cannot guarantee any item is allergen free****. Please speak to a member of staff if you have food allergies or intolerances before you order.*

Information about Allergens!

Breakfast Menu

Key: ✓ = Contains

	Wheat	Oats	Crusta-ceans	Molluscs	Eggs	Fish	Soya	Milk	Celery & Celeriac	Mustard	Sesame	Lupin	Sulphur Dioxide & Sulphites	Peanuts	Nuts
Sausage	✓						✓						✓		
Quorn sausages	✓														
Bacon															
Fried egg					✓										
Scrambled egg					✓			✓							
Black pudding	✓						✓								
Potato scones	✓														
Mushrooms															
Porridge	✓							✓							
Granola								✓						✓	✓
Tropical Mix													✓		✓
Baked beans															
Toast and butter	✓						✓	✓							
Boiled eggs					✓										
Cheese								✓					✓		
Garlic sausage									✓						
Salami															
Cooked ham								✓							
Croissant	✓				✓			✓							
Danish pastry	✓				✓		✓	✓					✓		
Dried fruit													✓		
Morning rolls	✓						✓								

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